

YOGA WORKSHOP

This is the last workshop held in the Vital Health Yoga Centre's location on Barrington Street, so be sure not to miss it. Mark it on your calender. This workshop is appropriate for all levels of students. We will hold a pot luck meal on Sunday, June 5th, after the workshop. If you are unable to attend the workshop, please know that you are welcome to join us for the potluck.

*Students with a yearly fee: if you choose to attend this workshop and you normally attend classes on Thursday evenings and Saturday, your workshop fee will be discounted accordingly.

*Students with punch cards: Since this workshop is held during two normally scheduled class times you are welcome to attend the workshop at these times and use your punch card.

Dates and Times:

Thurs. June 2nd	5:30pm – 7:30pm
Fri. June 3rd	5:30pm – 7:30pm
Saturday June 4th	10:00am – 1:00pm
Sunday June 5th	10:00am – 1:00pm

Fee: \$120.00